

The biotherapics *Influenzinum* and *Oscilococcinum* in the treatment of influenza virus flu.

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ABSTRACT

Introduction: The influenza virus flu is a widespread illness which is responsible for hundreds of thousands of deaths annually. About 20% of children and 5% of adults are infected with this virus every year. The disease is highly contagious and its transmission occurs by saliva particles of the infected person, expelled by breathing, talking and coughing [1]. Flu pandemics are generally caused by the appearance of a new subtype of the virus in humans, which occurs as a result of the existing flu in animal species transmitted to humans [2]. Despite the fact there are antiviral drugs, the virus develops mutations, creating resistance to these drugs in few days. Thus, the development of new therapies, including homeopathy, that can prevent and/or treat this disease becomes increasingly necessary. In this scenario, biotherapics appear as drugs that are made from biological products, such as secretions, tissues, organs whose compounding follows the homeopathic pharmacopeia. **Objective:** This study is a literature review on the treatment of flu with biotherapics used in clinical medicine, namely *Influenzinum* and *Oscilococcinum*. **Method:** Studies on the prescription of biotherapics for the prevention and cure of the flu as well as literature about the history and evolution of Homeopathy were reviewed in the present work. *Influenzinum* is a biotherapeutic made from the influenza vaccine from Pasteur Laboratory, while *Oscilococcinum* is obtained from the lysate of the liver and heart of the goose *Anas barbaries*. **Results:** Preliminary results showed that both medicines are widely used in clinical medicine. *Influenzinum* 9CH is prescribed for flu prevention and treatment, while *Oscilococcinum* is more used to reduce the severe symptoms in patients who already have the flu. **Conclusion:** Based on these results, it is possible to say that *Influenzinum* has a very important role in the prevention and cure of the influenza and *Oscilococcinum* is useful in the relief of the symptoms caused by this disease.

Keywords: Influenza, Flu, Biotherapics, Homeopathy.

References:

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